

Biographies & Memoirs

[*Desert Solitaire: a season in the wilderness*](#) by Edward Abbey

An account of the author's experiences, observations, and reflections as a seasonal park ranger in southeast Utah.

[*Maybe You Should Talk To Someone: a therapist, HER therapist, and our lives revealed*](#)

by Lori Gottlieb

The national advice columnist presents a behind-the-scenes tour of a therapist's world from the perspective of both a patient and a psychotherapist who found answers in her client's journeys.

[*Know My Name*](#) by Chanel Miller

The author reclaims her identity to tell her story of trauma, transcendence, and the power of words. She tells of her struggles with isolation and shame during the aftermath and the trial, reveals the oppression victims face in even the best-case scenarios, and illuminates a culture biased to protect perpetrators.

[*Late Migrations: a natural history of love and loss*](#) by Margaret Renkl

The widely followed New York Times opinion writer presents a collection of brief essays on the natural world, her Alabama childhood, her complicated parents and her transition to the role of a caregiver.

[*The Lemon Tree: an Arab, a Jew, and the heart of the Middle East*](#) by Sandy Tolan

Describes how a simple act of faith and the relationship between two families--one Israeli, one Palestinian--represents a personal microcosm of decades of Israeli-Palestinian history and symbolizes the hope for peace in the Middle East.

[*One Life*](#) by Megan Rapinoe

The Olympic gold medalist and two-time Women's World Cup champion describes her childhood in a conservative California town, her athletic achievements and her public advocacy of civil rights and urgently needed social change.

[*Untamed*](#) by Glennon Doyle

An activist, speaker and philanthropist offers a memoir wrapped in a wake-up call that reveals how women can reclaim their true, untamed selves by breaking free of the restrictive expectations and cultural conditioning that leaves them feeling dissatisfied and lost.

[*Wow, No Thank You*](#) by Samantha Irby

A new collection of humorous and edgy essays from the author of *Meaty* and *We Are Never Meeting in Real Life* that highlight the ups and downs of aging, marriage and living with step-children in small-town Michigan

[*The Yellow House*](#) by Sarah M. Broom

Describes the author's upbringing in a New Orleans East shotgun house as the unruly 13th child of a widowed mother, tracing a century of family history and the impact of class, race and Hurricane Katrina on her sense of identity.

Source:

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